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PANCAKES Gluten-free or vegan add 2.00			
Jumpin' Jacks Simple satisfaction	14.95	Luna's Lemon Ricotta Ricotta pancakes, blueberries, lemonmascarpone & whipped o	18.95 cream
Oatie Wheat Rolled oats in whole wheat pancakes	15.50	Berry Nice Strawberries, blueberries, macadamia nuts on wheat pancakes	17.95
Super Star Blueberries, strawberries & bananas on buttermilk pancakes	17.95	Banana Bliss Bananas, coconut & macadamia nuts	17.95
Apple Cobbler Baked apples & almonds on buttermilk pancakes	17.50	Thai Tea Pancakes Thai tea cakes topped with Thai tea cream & whipped cream	16.95
Chocolate Fantasy Chocolate chips & Nutella topped with whipped cream	17.50	Uh Oh Oreos Oreo cookies, marshmallow & walnuts	17.95
Blue Hawaiian Blueberries, bananas & macadamia nuts	17.95	Banana PB Crunch Bananas, Oreo cookies, peanut butter & whipped cream	17.95
Pacific Island Bananas, coconut, pineapple & caramelized walnuts	17.95	Just For You Pumpkin Pumpkin pancakes, pumpkin cream cheese marmalade &	16.95
Summer's Dream Strawberries, Nutella, mascarpone cream & whipped cream	18.95	whipped cream Whole Wheat Parfait	17.95
Red Raspberry Raspberry compote, cream cheese sauce & whipped cream	17.50	Strawberries, bananas, yogurt & granola on wheat pancakes Green Tea Monster	18.95
Chocolate Tuxedo Chocolate chips, brownies, mascarpone cream & whipped crea	17.95 am	Matcha green tea pancakes, green tea mascarpone, white chocolate chips & whipped cream	
S'mores Graham crackers, marshmallow & chocolate chips	17.50	Bea Bea's Breakfast Pancake Over medium egg, ham and cheddar cheese in pancake batte	20.95 er
Black Sesame Pancakes Black sesame pancakes, black sesame cream, coconut & whipped cream	17.95	Sweet Cornbread Cornmeal pancakes with salted honey butter	15.50
FRENCH TOAST			
The OG Egg bread with cinnamon & powdered sugar	14.95	Banana Flambe Caramelized plantain bananas topped with whipped cream	17.50
Annie's Crazy Bread Bananas & peanut butter stuffed in French toast	17.50	Berries & Bananas Strawberries, blueberries & bananas	17.95
The MK Cream cheese croissant French toast topped with strawberries 8	17.50	Raspberry Kiss Raspberry compote, cream cheese & whipped cream	17.50
whipped cream Annie & Boo Pumpkin marmalado & cream chasse stuffed in French toget	17.50	Oh Em Gee Hawaiian bread & our sweet cinnamon honey butter	16.50
Pumpkin marmalade & cream cheese stuffed in French toast Crunchy Cornflakes French toast dipped in crispy cornflakes & almonds	16.95	Hawaii Five-O Hawaiian bread with coconut, pineapples, almonds, dried cranberries & chocolate chips	17.95
Coco Caribbean Coconut, pineapples, mandarin oranges & caramelized walnuts	17.95	Peaches & Crunch Hawaiian bread with caramelized peaches &	17.95
Strawberry Dream Strawberries & Nutella with whipped cream	17.50	whipped cream	
WAFFLES			
The Belgian An extraordinary Belgian waffle	15.50	Apple Pumpkin Please Pumpkin waffle with baked apples & walnuts	17.95
Still In My PJs Strawberries & bananas topped with whipped cream	17.95	Sweet Heart Strawberries, bananas & macadamia nuts	17.95
Boo's Berries & Bananas Strawberries, blueberries & bananas	17.95	Chocolate Chocolate Chocolate chips, Nutella & whipped cream	17.50
Going Bananas Bananas, Oreo cookies & peanut butter topped with whipped o	17.95 cream	Sugar Rush Banana flambe & vanilla ice cream	18.50
Rocky Road Waffle Walnuts, Oreo cookies, marshmallows & chocolate chips with vanilla ice cream	18.50	Croffle (Glendale location only) Croissant waffles with blueberries & strawberries	16.50
Anton Likes This Strawberries & Nutella topped with whipped cream	17.95		
CREPES			
Caramel Apple Baked apples topped & caramel	16.95	Oreomallows Oreo cookies, vanilla ice cream, & marshmallows	18.50
Bananarama Bananas & chocolate chips	16.95	Rockin' Raspberry Raspberry compote, cream cheese sauce & whipped cream	17.50
It's A Sweet World Strawberries, vanilla ice cream & Nutella	18.50	Peach Flambe Caramelized peaches topped with whipped cream	17.50
Tutti Fruitti Mandarin oranges, strawberries & pineapple	17.95	Strawberry Banana Nutella Strawberries,banana, Nutella & powdered sugar	17.95

17.95

Strawberry Blast

Strawberries, mascarpone cream & whipped cream



THE GOOD STUFF

Pooh's Sunrise 21.95 Choice between pancakes, waffle, French toast or crepes served with two eggs any style & bacon (make it special for 2.00)

22.95 Kin's Sunshine Choice between pancakes, waffle, French toast or crepes served with two eggs any style & sausage (make it special for 2.00)

Palmmy's Early Bright 28.95 Choice between pancakes, waffle, French toast or crepes served with two eggs any style & NY Steak (make it special for 2.00)

23.95 Spy's Dewdrops Choice between pancakes, waffle, French toast or crepes served with breakfast pototoes, ham steak & bacon(make it special for 2.00)

Jacinda's First Blush (no French toast substitutions) 22.95 Three eggs any style served with strawberry French toast, bacon & breakfast potatoes

GOOD MORNINGS

17.95 House Quesadilla Scrambled eggs, chicken tequila sausage, mushrooms, garlic, ortega chili, avocado, jack & cheddar cheese served with salsa, sour cream & guacamole

Huevos con Chili 18.50 Three eggs over easy on crispy tostada topped with gourmet beef chili, cheddar cheese & avocado, served with breakfast potatoes

Early Bite Burrito 18.95 Scrambled eggs, bacon, sausage, hash browns, tomatoes, garlic, cilantro, cheddar cheese & country gravy served with salsa, sour cream & guacamole

Big Breakfast Burrito 17.95 Scrambled eggs, chicken breast, beans, rice, avocado, rancheros sauce & jack cheese served with salsa, sour cream & guacamole

16.95 Huevos Rancheros Three eggs over easy on crispy tostada topped with rancheros sauce, cheddar & avocado served with beans & sour cream

18.95 AC's Huevos Tomatillo Three eggs over easy on crispy tostada topped with chicken breast, tomatillo sauce, cheddar, mozzarella & avocado served with beans

Chili Burrito 18.95 Scrambled eggs, gourmet beef chili, potatoes & cheddar cheese served with breakfast potatoes

18.95 Not a Scramble Breakfast potatoes topped with tomatoes, spinach, grilled onions, mushrooms, bell peppers & cheddar cheese served with veggie

18.95 Country Benedict Turkey sausage patties, poached eggs on biscuit, country gravy & cheddar cheese

Win's Sunlight (no pancake substitutions) 22.95 Blueberry banana pancakes served with a ham & Swiss cheese scramble

9.95 Oatmeal/Cream of Wheat/Grits Served with bananas, brown sugar, raisins & cinnamon

12.95 Mark's Oatmeal Old fashioned rolled oats mixed with dried cranberries & sliced almonds served with bananas, brown sugar, raisins & cinnamon

14.95 Bowl of Fresh Fruit Fresh season fruit

Fruit Yogurt Parfait 16.50 Strawberries, blueberries, bananas, low-fat vanilla yogurt & granola

Baael & Lox Choice of bagel served with lox, sliced onions, tomatoes, capers & cream cheese

16.95 Eggs Benedict Poached eggs, grilled ham steak on English muffin topped with hollandaise sauce served with breakfast pototaoes

17.95 Eggs Florentine Poached eggs, turkey bacon & sauteed spinach on English muffin topped with hollandaise sauce served with breakfast potatoes

Crab Cakes Benedict 25.95 Poached eggs, homemade crab cakes on English muffin topped with hollandaise sauce served with breakfast potatoes

Corned Beef Hash Benedict 19.95 Poached eggs, corned beef hash on English muffin topped with hollandaise sauce served with breakfast potatoes

19.95 Robin's Benedict Poached eggs, grilled chicken breast, bacon, grilled onions, chipotle sauce on English muffin topped with hollandaise sauce served with breakfast potatoes

22.95 Lox Benedict Poached eggs, lox, avocado on English muffin topped with hollandaise sauceserved with breakfast potatoes

16.95 Breakfast Sandwich Over medium eggs, bacon, tomatoes, avocado & cheddar cheese on a grilled sourdough served with breakfast potatoes

KaiLani Sandwich 17.50 Grilled spam, over medium eggs, avocado, american cheese & spicy aioli on hawaiian bread with breakfast potatoes

Thomas's Loco Moco 18.95 Sunny side up eggs, spicy beef patty on steamed rice topped with gravy and cilantro

All orders below include your choice of hash browns, home fried potatoes, tomato slices, low fat cottage cheese or fruit & a choice of toast. egg white substitute 2.50 • add chicken 4.00 • add shrimp or steak 8.00

EGGS-XACTLY THE WAY YOU WANT IT

(omelet, scramble or frittata)

Boursin cheese & mozzarella cheese

bacon • ham • sausage • turkey breast • portobello • mushroom jalapeno • ortega chili • garlic • spinach • red onions • asparagus zucchini • basil • tomatoes • sun-dried tomatoes • eggplant • carrots broccoli • artichoke • scallions • bell peppers • cilantro • tofu • olives sour cream • avocado • cheddar • jack • mozzarella • feta • swiss parmesan • american • boursin cheese • blue cheese • cream cheese

sausage choices: pork links, chicken apple, spicy chicken tequila, turkey sausage patties, veggie sausage or veggie chorizo

16.95 With 3 items With Corned Beef, Chicken Breast, Pastrami 19.50 23.95 With Steak, Shrimp or Lox

BEABEA'S EGGS

Eggs any style Bacon/Turkey Bacon & Eggs 14.95 Sausage & Eggs 15.95 Beef Patty/Turkey Patty/Ham Steak & Eggs 17.95 Corned Beef Hash & Eggs 19.50 25.95 Steak & Eggs Chicken Breast & Egg Whites 17.95 Crab Cakes & Eggs 25.95

12.95

18.50

OMELETS, SCRAMBLES & FRITTATAS

Garden Omelet 17.50 Spinach, bell peppers, tomatoes, garlic, mushrooms, carrots & onions

BeaBea's Omelet Egg whites with spinach, garlic, asparagus, jalapenos, broccoli, avocado

Mama Bea Omelet 18.50 Egg whites with veggie sausage, spinach, garlic, jalapenos, mushrooms, mozzarella cheese & tomatillo sauce

17.95 California Omelet Turkey breast, avocado, tomatoes, mushrooms & American cheese

Gourmet Chili Omelet 18.50 Gourmet beef chili, onions, tomatoes, avocado & cheddar cheese served with sour cream on the side

Heart to Heart Omelet 17.95 Artichoke, Portobello mushrooms, tomatoes & Boursin cheese

Grilled Veggie Frittata 18.95 Egg whites frittata, grilled eggplant, zucchini, asparagus, bell peppers, onions, sun-dried tomatoes & feta cheese

Volcano Scramble 18.50 Scrambled eggs, chicken tequila sausage, ortega chili, jalapenos, cilantro, tomatoes, tortilla strips, avocado, cheddar & mozzarella cheese, served with tomatillo sauce

Sicilian Scramble 18.50 Corned beef, pastrami, mushrooms, basil, tomatoes & parmesan cheese

Veggie Veggie Scramble Scrambled eggs, veggie chorizo, tomatoes, asparagus, broccoli, onions & feta cheese

19.50 Spicy Steak/Shrimp Omelet Steak or shrimp, basil, garlic, tomatoes, jalapenos, grilled onions & mozzarella cheese

17.95 Greek Omelet Spinach, garlic, basil, tomatoes, onions, olives & feta cheese

18.50 Win's Omelet Ground beef, garlic, onions & tomatoes, with a touch of soy bean sauce stuffed with rice

18.95 Papa Sam's Scramble Egg whites, chicken breast, turkey bacon, garlic, cilantro, jalapenos,

tomatoes & mozzarella cheese Tofu Scramble 18.95

Tofu, veggie sausage, veggie chorizo, rice, sweet corn, spinach, basil, tomatoes, garlic & avocado

Ham, mushrooms, garlic, tomatoes, mozzarella & cheddar cheese

Palmmy's Favorite Omelet



MORE GOOD STUFF

Santa Fe Quesadillas 17.50 Chicken breast, mushrooms, ortega chili & cheddar cheese served with salsa, sour cream & guacamole

20.95 Steak Burrito New York steak, potatoes, onions, mushrooms, tomatillo sauce & mozzarella cheese served with salsa, sour cream & guacamole

Grilled Veggie Quesadilla Grilled eggplant, zucchini, asparagus, bell peppers, onions, spinach, mozzarella & boursin cheese served with salsa, sour cream & guacamole

17.95 The Vegan Wrap Tofu, wild rice, veggie chorizo, tomatoes, spinach, broccoli, corn & avocado served with french fries or onion rings

Chicken Rancheros Burrito 17.95 Chicken breast, wild rice, black beans, avocado, rancheros sauce & mozzarella cheese served with french fries or onion rings

Chicken Tenders & Fries 14.95

SANDWICHES, BURGERS & WRAPS

Choice of French fries, sweet potato fries, onion rings, mixed green salad, tomato slices, low fat cottage cheese or fruit

Tuna Sandwich 16.95 Grilled Portobello Sandwich 17.95 Tuna salad, lettuce, tomatoes, alfalfa sprouts on whole wheat bread Portobello mushrooms, spinach, sun-dried tomatoes, basil pesto & jack cheese on sour dough 17.95 18.25 Turkey Club Sandwich On grilled garlic sourdough with tomatoes & cheddar cheese Turkey breast, bacon, lettuce, tomatoes & avocado on whole wheat Spicy Tuna Wrap 17.95 bread Onions, tomatoes, cilantro, celery, mayonaise & spicy sauce with AC's Sandwich 18.50 arugula & alfalfa sprouts wrapped in a flour tortilla Grilled turkey breast, artichoke, arugula, tomatoes, mozzarella 18.25 Corned Beef or Pastrami Melt & basil pesto on sour dough Corned beef or pastrami, tomatoes, avocado & swiss cheese on a Papa Sam Special 17.95 grilled garlic french baguette Spicy marinated beef patty, mushrooms & jack cheese on a 18.50 Turkey Melt brioche bun Turkey breast, bacon, tomatoes, avocado, jack & mozzarella cheese 22.95 on a grilled garlic sourdough Steak Sandwich Steak, grilled onions, mushrooms, basil pesto, swiss cheese on a 17.95 french baguette Burger patty, grilled onions & swiss cheese on garlic buttered rye Original Cheese Burger 17.50 Pesto Chicken Melt 18.50 Hamburger, grilled onions & swiss cheese on a brioche bun Chicken breast, mushrooms, avocado, basil pesto & jack cheese on a All Time Favorite 18.50 grilled french baguette Hamburger, bacon, mushrooms, avocado & jack on a brioche bun Grilled Cheese 16.95 16.95 Bacon, avocado, jack & american cheese on a grilled garlic sourdough Turkey Burger Turkey patty on a brioche bun 17.94 Spicy Crispy Chicken Wrap Chopped crispy chicken smothered in spicy honey bbq sauce with 18.50 Ultimate Turkey Burger avocado & jack cheese Turkey patty, spinach, mushrooms & mozzarella on a brioche

SALADS

Spicy Shrimp Salad 25.95 17.95 Grilled shrimp, mixed greens, apples, tomatoes, almonds & cilantro Mixed greens, cucumbers, tomatoes, alfalfa sprouts, avocado & hard-boiled egg 19.95 Crispy Chicken Salad 19.50 Crispy chicken breast, romaine lettuce, sweet corn, pineapple, sun-dried tomatoes, tortilla strips & parmesan cheese Chicken breast, turkey bacon, mixed greens, tomatoes, avocado, hard-boiled egg & crumbled blue cheese Chinese Chicken Salad 19.50 Chicken Greek Salad 18.50 Chicken breast, mixed greens, almonds, mandarin oranges, carrots, Chopped chicken breast, romaine lettuce, onions tomatoes, basil, red cabbages, snow peas, cilantro & crispy noodles olives & feta cheese Grilled Veggie Salad 19.95 Chicken Caesar Salad 18.50 Grilled chicken breast, mixed greens, grilled eggplant, grilled Chopped chicken breast, romaine lettuce, croutons, tomatoes, zucchini, asparagus, bell peppers, onions & feta cheese & parmesan 17.95 Tofu Salad 25.95 Spicy Steak or Shrimp Caesar Salad Grilled tofu, romaine lettuce, arugula, almonds, tomatoes Caesar salad with spicy steak or spicy shrimp corn & string beans 25.95 19.95 Thai Beef Salad House Spinach Salad Grilled chicken breast, spinach, arugula, strawberries, caramelized New York steak, mixed greens, onions, tomatoes, cucumber, basil & cilantro walnuts & feta cheese

bun

SIDES

Home Fried Potatoes Two Eggs Any Style 6.95 6.50 French Fries Bacon or Turkey Bacon 7.50 7.95 Sausage Onion Rings 9.95 7.95 Cottage Cheese 5.95 Ham Steak/Corn Beef Hash 9.50 10.95 Steak 17.95 Cup of Fruit Crab Cakes Tomato or Onion Slices 19.95 4.95 Cup of Yogurt 5.95 Scoop of Tuna 10.50 5.95 Grilled Shrimp 14.50 Bagel Beef or Turkey Patty 7.95 Toast, English Muffin or Tortillas 3.95 Chicken Breast 7.25 Garlic Toast 6.50 Bowl of Beef Chili 11.95 **Sweet Potato Fries** 8.50 9.95 Hash Browns 6.95 Cup of Beef Chili Side Salad 8.95 15.95 Lox 5.95 Biscuits & Gravy 10.95 Rice

THE MIA MENU 14.95

(Kids under 10 only)

Little Egg in a Hole

Over medium egg in white toast with breakfast potatoes

Little Belgian Waffle

A waffle topped with marshmallows, chocolate chips & whipped cream

Little Sunshine An egg any style, pancake & bacon or sausage Little OG

French toast & breakfast sausage

Little Fingers

Crispy chicken tenders with choice of fruit or French fries

Little Grilled Cheese

Grilled cheese with choice of fruit or French fries

Little Scrambler Scrambled eggs with tomatoes & cheddar cheese,

served with a cup of fruit

quench your thirst

SOMETHING COOL

OCIVIEII III VO COCE			
Passion Fruit Peach	4.95	Nitro Cold Brew	6.95
Thai Iced Tea	6.50	Shirley Temple	5.50
Coke, Diet Coke, Sprite, Root Beer or Soda Water	3.95	Sparkling or Flat Water	6.50
Lemonade	5.95	Milk	4.95
Peach, Strawberry, Mango, Blueberry Lemonade	6.95	Chocolate Milk	5.95
Orange, Apple, Grapefruit, Cranberry or Pineapple Juice	6.95	Iced Green Tea Latte	7.50
SOMETHING HOT add espresso shot or milk substitute 1.00			
0-#	F OF	Franch Drassad Caffaa (rask rask rask)	7.50

Coffee		5.95	French Pressed Coffee (per person)	7.50
House Latte (ho	ney & cinnamon)	6.95	Honey Soy	5.95
Latte		6.25	Americano or Red Eye	5.95
Pumpkin Spiced	Latte	6.95	Macchiato/Cappuccino	6.25
Vanilla/Hazelnut/Caramel Latte		6.95	Espresso	4.95
Thai Tea Latte		7.50	Chai Tea Latte	6.95
Caramel Latte		6.95	Mocha or White Chocolate Mocha	6.95
Green Tea Latte		7.50	Hot Chocolate	6.25
			Tea Setting (hot water, lemon or honey)	4.50
Earl Grey	English Breakfast	6.95		

Jasmine Green
Sencha
Citrus Mint
Chamomile Citron

English Breakfast Green Mango Peach White Ginger Pear Ginger Lemongrass